

# CHOOSE YOUR OWN PATH AND BUILD YOUR STORY



## Join Erasmus+ Youth

Follow in the  
footsteps of the  
**200,000**  
young people who joined in  
youth exchanges, training  
courses, youth participation  
activities and more!

Improve your foreign  
language skills like

**70%**

of your peers.

Overcome obstacles  
like nearly

**1/3**

of Erasmus+ Youth  
participants with  
fewer opportunities.

## Join the European Solidarity Corps

Volunteer to help  
others and expand your  
horizons through:

- + cooperation
- + tolerance
- + openness to European  
multiculturalism

Take part in a  
solidarity experience  
and feel the immense  
satisfaction of

**94%**

of those before you.

Build confidence and skills by:

- making a difference
- living abroad
- meeting new people
- gaining cultural  
knowledge